

BODYCRAFT

JONES

Freedom

The Jones Freedom

Our patented barbell motion provides for an almost unlimited array of exercises. Smith Machines only move vertically, not allowing for natural body movement. The Jones moves both **vertically** and **horizontally**, allowing for, **unlimited, user-defined** motion. Because the body's natural movements can be utilized within the Jones, all free weight exercise can be performed.

Better Than A Power Rack

The Jones provides the extreme versatility of a Power Rack with the safety of a Smith Machine!

Safety

At any point during an exercise the weight bar can be "racked" with a simple twist of the wrist. Adjustable safety spotters are included to add that extra measure of security.

Easy Transitions

Setting up for the next exercise has never been easier! Simply raise or lower the bar to the desired starting position, adjust the safety spotters to a safe position, add the desired weight, and lift!

Economical

The Jones Freedom is the most affordable in the Bodycraft Jones Family.

Lifetime In-Home Warranty

Since it is built to last a lifetime, every part of the Bodycraft Jones is guaranteed for as long as you own it. We will replace or repair any defect. Warranty applies only to the original owner and for in-home use.



Precision linear bearings.



Multi-Position Pull Up Bar



20 Position Racking System

Bodycraft® is a division of Recreation Supply, Inc. P.O. Box 181 Sunbury, OH 43074 Phone 800-990-5556 Fax:740-965-2449 www.bodycraft.com

* U.S. patent nos.: 7,374,516, and 7,549,950 and other patents pending.

Notice: Bodycraft reserves the right to make improvements at any time. The product you receive may not exactly resemble the product portrayed in this brochure. If this occurs, you can rest assured we have made any changes with your best interest in mind.