

Coastal Fitness

Better Equipment, Better Prices, Better Value
with Personalized Service

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Body-Solid Club Line Flat/Incline/Decline Bench

Body-Solid's new SFID325 Commercial Flat/Incline/Decline bench is designed to meet any facility's requirements without breaking the bank. Utility benches are a critical part of any commercial or vertical market facility. Home use benches often incorporate leg attachments that get in the way of many exercises. Home use benches also do not have the quality to hold up in a commercial environment. The SFID325 satisfies both of these needs in an affordable quality bench. The unit adjusts from decline to flat to several incline positions. The back pad and seat pad adjust individually of each other. The SFID325 has a tested weight capacity of over 1000 pounds with its 2"x3", eleven-gauge steel. Thick durable upholstery holds up in any setting. Oversized wheels with a front transport handle make the SFID325 very easy to move. The perfect match for dumbbell workouts, smith machines, squat racks and power racks, the SFID325 is an essential bench for any facility at an amazing value.

Special Features

- 2"x3", eleven-gauge steel
- Independent back & seat pad adjustments
- 1000 pound capacity tested
- Thick, durable padding
- Transport wheels for easy movement
- Back pad adjusts incline (15, 30, 45, 60 & 80 degrees & -18 degree decline)
- Seat pad adjusts to 10 & 18 degrees



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