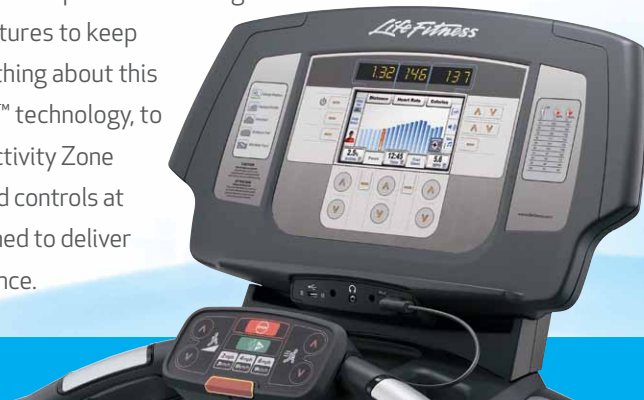


PLATINUM CLUB SERIES INSPIRE™ TREADMILL

At Life Fitness we stand at the forefront of innovation, constantly elevating the exercise experience. The Platinum Club Series Inspire complements any home with its sophisticated design and provides a full set of features to keep exercisers motivated. Everything about this treadmill from the FlexDeck™ technology, to the open sightlines, to the Activity Zone that places the most-used controls at your fingertips, is designed to deliver the ultimate cardio experience.



PERFORMANCE FEATURES

HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors on the Ergo™ bar and Polar® telemetry* provide runners and walkers with accurate heart rate monitoring.

*Requires optional chest strap.

USER-FRIENDLY DESIGN

An intuitive Activity Zone makes startup simple, and two removable cup holders and integrated iPod®/accessory tray provide convenience.

MOTIVATING WORKOUT VARIETY

Heart Rate+™ Workouts automatically adjust the incline level to keep users in their target heart rate zone. Other workouts include 5K and 10K Run, goal-based workouts, Gerkin, Fit Test and Military PRT/PFT fitness protocols.

HIGHLIGHTED FEATURE

FLEXDECK™ SHOCK ABSORPTION SYSTEM



Reduces knee and joint stress by up to 30% more than non-cushioned surfaces, decreasing the chance for injury. Eight incredibly durable Lifespring™ shock absorbers deliver smooth cushioning throughout the deck, regardless of user weight or running stride.

TREADMILL DETAILS

- ✔ Patented FlexDeck™ shock absorption system
- ✔ Activity Zone places often-used controls on the Ergo™ bar
- ✔ Powerful 4-HP AC motor
- ✔ Large 22" x 60" running surface
- ✔ Low 10" step-up height
- ✔ Small 37" x 80" footprint
- ✔ Large 26" x 5" handrails with soft grips
- ✔ Patented Lifepulse™ digital heart rate monitoring

THE INSPIRE™ CONSOLE

Reach a new level of engagement with the Inspire™ Console. Get touch screen access to iPod and iPhone music, create, customize and track workouts with the Virtual Trainer Website and USB port and visualize workout progress with Workout Landscape™ Perspectives.

FEATURES



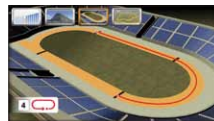
INTEGRATED 7" LCD WITH TOUCH SCREEN TECHNOLOGY



iPod and iPhone COMPATIBILITY | View music/video selections and watch videos directly on the LCD screen



USB CONNECTIVITY | Create and save workouts and personal settings; use data to track performance at www.VirtualTrainer.LifeFitness.com



WORKOUT LANDSCAPE™ PERSPECTIVES |

Three workout landscapes including Mountain, 400 Meter Track, and 5K Nature Trail



ZOOM FEATURE | Enlarge resistance level, time and speed displays

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KEY

● STANDARD

○ OPTIONAL

SPECIFICATIONS

PCST INSPIRE

HEART RATE MONITORING		
Polar® Telemetry (optional chest strap required)		●
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)		●
WORKOUTS		
Quick Start		●
Classic Workouts	Manual, Random, Hill	●
Heart Rate+ Workouts	Cardio, Fat Burn Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate	● ●
Hill+ Workouts	Around the World, Cascades, Foothills, Kilimanjaro	●
Advanced Workouts	Fit Tests: Army PFT, Navy PRT, Air Force PRT, Marine PFT Fit Test Gerkin Protocol Physical Efficiency Battery (PEB) Create Your Own: 8 Customized Workouts, 2 Create Your Own™ Workouts Sport Training: 5k, 10k, Speed Training, Speed Interval Training	● ● ● ● ● ●
Goal Workouts	Time, Calories, Distance Climbed, Time in Zone, Pace	●
Customized Cool Down		●
PRODUCT FEATURES		
FlexDeck® Shock Absorption System: 8 Lifespring™ shock absorbers		●
Speed Range: 0.5–12 mph (0.8–19 kph)		●
Rollers: 3.5" (9 cm) precision crowned steel rollers, front and back		●
Elevation		0%–15%
Motor System: 4.0 HP AC motor with MagnaDrive™ motor controller		●
Ergo™ Bar and Side Handrails		●
Activity Zone: Walk, Run, Jog buttons located on Ergo bar		●
Stride Sensor		●
Integrated Reading Rack		●
Integrated iPod®/Accessory Tray		●
2 Removable Cup Holders		●
Steel Frame, Front Roller Lift Wheels and Rear Levelers		●
TECHNICAL SPECIFICATIONS		
Maximum User Weight		400 lbs (181 kg)
Power Requirements: All major voltage configurations		●
Running Surface: 22" x 60" (55 cm x 152 cm)		●
Length		80" (203 cm)
Width		37" (94 cm)
Height		62.25" (158 cm)
Unit Weight		450 lbs (209 kg)
Step-up Height		9.5" (24 cm)
Warranty†	Lifetime on motor, frame and Lifespring shock absorbers; 10-year on all electrical and mechanical components; 1-year labor	●

DISPLAY TECHNOLOGY

PCST INSPIRE

CONSOLE OPTIONS		
7" Integrated LCD Screen with Touch Screen Technology		●
TV VIEWING OPTIONS		
Attachable 17" Diagonal TV (wide screen format)		○
DISPLAY READOUT		
Workout Feedback	Speed, Incline, Heart Rate, Pace	●
	Elapsed Time, Time Remaining, Time in Zone, Time of Day	●
	Distance, Distance Climbed, Distance Remaining	●
	Calories, Calories per Hour, Watts, METs	●
Custom Messaging		●
Profile Display		●
Language Choices:		13 languages
-English, Spanish, Portuguese, Italian, French, German, Dutch and Turkish		●
-Chinese (traditional and simplified), Japanese, Korean and Russian		●
SPECIAL FEATURES		
Intel® Microprocessor		●
iPod® and iPhone Compatibility	Playlist management on LCD screen	●
	Charging	●
Virtual Trainer		●
Workout Tracking: USB connectivity and Virtual Trainer Web Site		●
Workout Landscape™ Perspectives		●
Programable Go System (Walk-Jog-Run)		●
Marathon Mode (unlimited workout time)		●
User Units Selection (mph/kph and lbs/kg)		●
Zoom Feature		●
Screen Protection: Protective top layer, internal shock mounts, gasket		●
TECHNICAL SPECIFICATIONS		
Headphone Jack: 3.5 mm Stereo		●
Easy-to-Remove Headphone Jack		●

† Warranties outside the U.S. may vary. Specifications subject to change.

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