



Shown with Go Console

T3 TREADMILL

The Life Fitness T3 Treadmill is designed with form and function in mind. From its sleek aesthetic curves that complement any home environment, to patented features that provide comfort and control, the T3 Treadmill is everything you expect from Life Fitness.

PERFORMANCE FEATURES

GET ON AND GO

GoSystem™ Quick Start with 3 speed and incline presets enables quick, on-the-fly adjustments

HEART RATE CHECK

Contact heart rate hand sensors and wireless heart rate monitoring system

INTUITIVE NAVIGATION

Ergonomically placed controls provide simple navigation

ACCESSORIES IN REACH

Oversized, dual accessory trays and built-in reading rack



Track Console

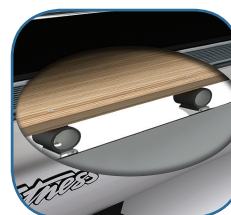


Go Console

Details on back.

HIGHLIGHTED FEATURE

**FLEXDECK®
SHOCK
ABSORPTION
SYSTEM**



The FlexDeck® Shock Absorption System reduces knee and joint stress by up to 30% more than non-cushioned surfaces, decreasing the chance for injury. Eight incredibly durable LifeSpring™ shock absorbers deliver consistent support.

TREADMILL DETAILS

- > 3.0 Horsepower Continuous Duty (DC) Motor MagnaDrive™ Motor System
- > Speed: 0.5 - 12.0 MPH (0.8 - 19 KPH)
- > Incline: 0-15% in 0.5% increments
- > Belt: 60" L x 20" W multi-ply pre-lubricated (153 cm x 51 cm)
- > Max User Weight: 350 lbs. (159 kg)
- > Warranty: Limited lifetime on frame, and LifeSpring™ shock absorbers, 10-year on MagnaDrive™ motor system, 5-year on electrical and mechanical parts, 1-year on labor

BASE SPECIFICATIONS

SPECIAL FEATURES	T3
Contact heart rate hand sensors on ErgoGrip™ stationary front handlebars	●
Telemetry heart rate monitoring (Wireless chest strap included with console)	●
Frame: 1" x 3.5" (3 cm x 9 cm) steel frame	●
Speed: 0.5 - 12 mph (0.8 - 19.3 kph)	●
Incline: 0 - 15%	●
Motor System: 3.0 HP Continuous Duty MagnaDrive™ motor system	●
Motor Controller: Microprocessor-based PWM controller	●
Deck: 1" medium density fiberboard	●
Deck Shock Absorption: FlexDeck® shock absorption system	●
Handrails: Side handrails and front Ergo™ bar	●
Belt: 60" L x 20" W multi-ply, pre-lubricated (153 cm x 51 cm)	●
Rollers: 2.6" (7 cm) front and 2.0" (5 cm) precision crowned	●
GoSystem™ Lower Control Pad: One-touch Quick Start; Three customizable speed presets; Three customizable incline presets	●
Accessories: Dual cupholders, accessory tray and reading rack	●
TECHNICAL SPECIFICATIONS	
Maximum user weight	350 lbs 159 kg
Unit length	79.5" 202 cm
Unit width	34.5" 88 cm
Unit height	57.5" 146 cm
Unit weight	243 lbs 110 kg
Power Requirements: Plug-in (all major voltage configurations)	●
Safety: CE, CSA, FCC, TUV, UL	●
Warranties: Limited lifetime warranty on frame and LifeSpring™ shock absorbers; 10-year on MagnaDrive™ motor system; 5-year on electrical and mechanical parts; 1-year on labor (warranties outside the U.S. may vary)	●

CONSOLE SPECIFICATIONS

DISPLAY	TRACK	GO
Blue and white custom etched LCD: 4 x 6" (10cm x 15cm)	●	●
Instructional message center	●	●
WORKOUT PROGRAMS		
Number of workouts	14	13
Classic workouts (Manual, Random, Hill)	●	●
Advanced workouts		
EZ Incline, Sport Training	●	●
Fit Test	●	—
HeartSync™ heart rate controlled workouts (Fat Burn, Cardio, Heart Rate Hill™, Heart Rate Interval™, Extreme Heart Rate™)	●	●
Goal workouts (Calories, Distance, Target Heart Rate)	●	●
Custom workouts per user Profile	3	1
SPECIAL FEATURES		
Quick Start	●	●
Race mode	—	●
Warm Up and Cool Down mode	●	●
User profiles	4	2
Virtual Trainer accessibility: at www.virtualtrainer.lifefitness.com		
Unlimited Customization	●	—
Workout Tracking	●	—
USB Connectivity	●	—
Virtual Trainer App (Download from the iTunes® App Store)	●	—
iPod® compatibility:		
iPhone® (4, 3GS, 3G), iPod touch® (4th, 3rd, 2nd, 1st generations), iPod classic®, iPod with video, iPod nano® (6th, 5th, 4th, 3rd generations)	●	—
Charging through 30-pin connector	●	—
Integrated Controls (play/pause/track changes/volume)	●	—
Energy Saver	●	●
WORKOUT FEEDBACK		
Incline	●	●
Time	●	●
Speed	mph, km/h	●
Pace	●	●
Distance	●	●
Heart rate	●	●
Target heart rate	●	●
Calories	●	●
METS	●	●
Animated symbols	●	●
Warranties: 3-year on electrical and mechanical parts,* 1-year on labor (warranties outside the U.S. may vary.) *3V Batteries excluded	●	●