

Coastal Fitness

Better Equipment, Better Prices, Better Value
with Personalized Service

1900 Okeechobee Blvd. Ste C5, West Palm Beach, FL 33409 561.712.0381 / 561.712.1483 fax
www.coastalfitness.com



8310 RECUMBENT ELLIPTICAL (STRIDEWELL)

- Seated, elliptical motion offers a safe and low-impact workout
- Synchronized arm movements allow for a seated, total body workout
- 17-seat and 5-arm adjustments accommodate a wide range of users with ease
- Bright multi-color LCD display is easy to read and intuitive to use
- The robust design is backed by a comprehensive Light Commercial Warranty



8310 RECUMBENT ELLIPTICAL (STRIDEWELL)

FEATURES AND SPECIFICATIONS SKU# 5-8310-1018

length 80" (203 cm)	width 32" (81 cm)	height 52" (132 cm)	user weight capacity 350 lbs (159 kg)
------------------------	----------------------	------------------------	--

PEDAL SIZE: 15" l x 7.75" w (38 x 20 cm)

DISTANCE BETWEEN PEDALS: 4.5" (11 cm)

OVERALL WEIGHT: 268 lbs (122 kg)

ELECTRICAL: A/C Adapter (included)

COLORS: Frame: ST Fitness Silver, Shrouds: Pale Gray, Accents: Light Gray

RESISTANCE: 20 Levels of Intensity

HR MONITORING: Telemetric Heart Rate System with Chest Strap

DISPLAY: Multi-color LCD

READOUTS: Speed, RPM, Time Elapsed, Calories, Distance, Heart Rate, Watts

PROGRAMS: 6 Program Profiles, 3 Heart Rate Programs, 2 Custom Profiles

STANDARD FEATURES: Rubberized Foot Pedals, Low Step-Over Height, Heavy-Duty Frame, 17 Seat Adjustments, 5 Arm Adjustments, Front Transportation Wheels

8310 RECUMBENT ELLIPTICAL WARRANTY:

RESIDENTIAL:

Structural Frame:	
U.S.	Lifetime (limited)
Canada	30 Years (limited)
Mechanical Parts:	5 Years
Electronic Parts:	5 Years
Labor	1 Year

LIGHT COMMERCIAL:

Structural Frame:	
U.S.	7 Years (limited)
Canada	7 Years (limited)
Mechanical Parts:	1 Year
Electronic Parts:	6 Months
Labor	6 Months

* specifications and colors are subject to change