

PS/100

PS100 LC Elliptical

SMOOTH PERFORMANCE

The TRUE® PS100 elliptical is designed for maximum performance and comfort. The smooth, front drive motion provides an effective low-impact workout, while delivering optimal results. The PS100 easily adapts to any fitness environment and it's self-generating, so placement is never a problem. And since the PS100 is safely entered from the back, only a rear aisle is needed to access the machine.

USER FRIENDLY INTERACTION

The PS100 easy-to-read red LED screen and console includes six preset training programs and one-touch express command keys. The bright, legible display monitors every aspect of your workout, including Speed, Incline, Elapsed Time, Distance, Pace, Time Remaining, METs and Calories.

TRUE HRC (HEART RATE CONTROL)®

The PS100 is equipped with a contact heart rate monitoring system as well as a wireless telemetry system, both of which assist users in maintaining their optimum heart rate and maximizing their workout results. HRC Cruise Control™ is also included, which allows the user to "lock in" on a specific target heart rate. Once the target is set, one touch TRUE HRC Cruise Control will adjust resistance automatically throughout the duration of the workout to maintain the targeted heart rate (operates just like the Cruise Control in your car).

BUILT TO LAST

The PS100 is built on a welded steel frame that carries a lifetime warranty. All other quality components are covered for two years, and labor costs carry a full one year warranty.



PS/100

Specifications

Drive System

Power Source	Self-Generating
Drive System	Front Drive
Resistance Source	Hybrid Self-Generating Brake

Exercise Surface

Stride Length	Fixed - 21" (53 cm)
Footpad Material	Molded Anti-Slip and Textured Pattern

Frame

Frame	Robotically Welded Steel
Pedestals	Robotically Welded Heavy-Gauge Steel
Finish	Powder Coat
Handrails/Handlebars	Protective Dipped Foam Flared Handrails

Console

Display Type	Dual Window Red LED
Key Type	Membrane
Command Keys	Express, HRC Cruise Control
Data Readouts	Time, Work Level, Distance, Watts, RPM, METs, Heart Rate, Calories
Message Center	16 Character Alphanumeric
Diagnostics	Display, Speed Sensor, Keys, Heart Rate, D/A Channel

Heart Rate

Contact Heart Rate Monitoring	YES
Wireless Heart Rate Monitoring	Wireless - Polar® Compatible
HRC(Heart Rate Control)® Workouts	1 - Time Based
HRC Cruise Control™	YES

Programming

Workouts	6 - Manual, Quick Start, Random, Cardio, Fat Burn, Hills
Special Programs	N/A

Other Features

Accessories	Reading Rack and Water Bottle Holder
Safety	Easy Rear Entry and Exit
Entertainment Capabilities	N/A
Communications	N/A

Physical Specifications

Footprint	79"L x 31.5"W (201 cm x 80 cm)
Active Footprint	79"L x 31.5"W (201 cm x 80 cm)
Machine Weight / Shipping Weight	223 lbs (101 kg) / 246 lbs (112 kg)
Maximum User Weight	350 lbs (159 kg)
Workload Range	30-450 Watts
Step-Up Height	Footskate Lowest Position: 11.5" (29 cm)
Portability	Front Transport Wheels
Regulatory Approvals	UL, CSA

Warranty

Warranty	Frame Lifetime, Parts 2 Years, Labor 1 Year
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