



**FITNESS BIKES**  
FOR THE HOME

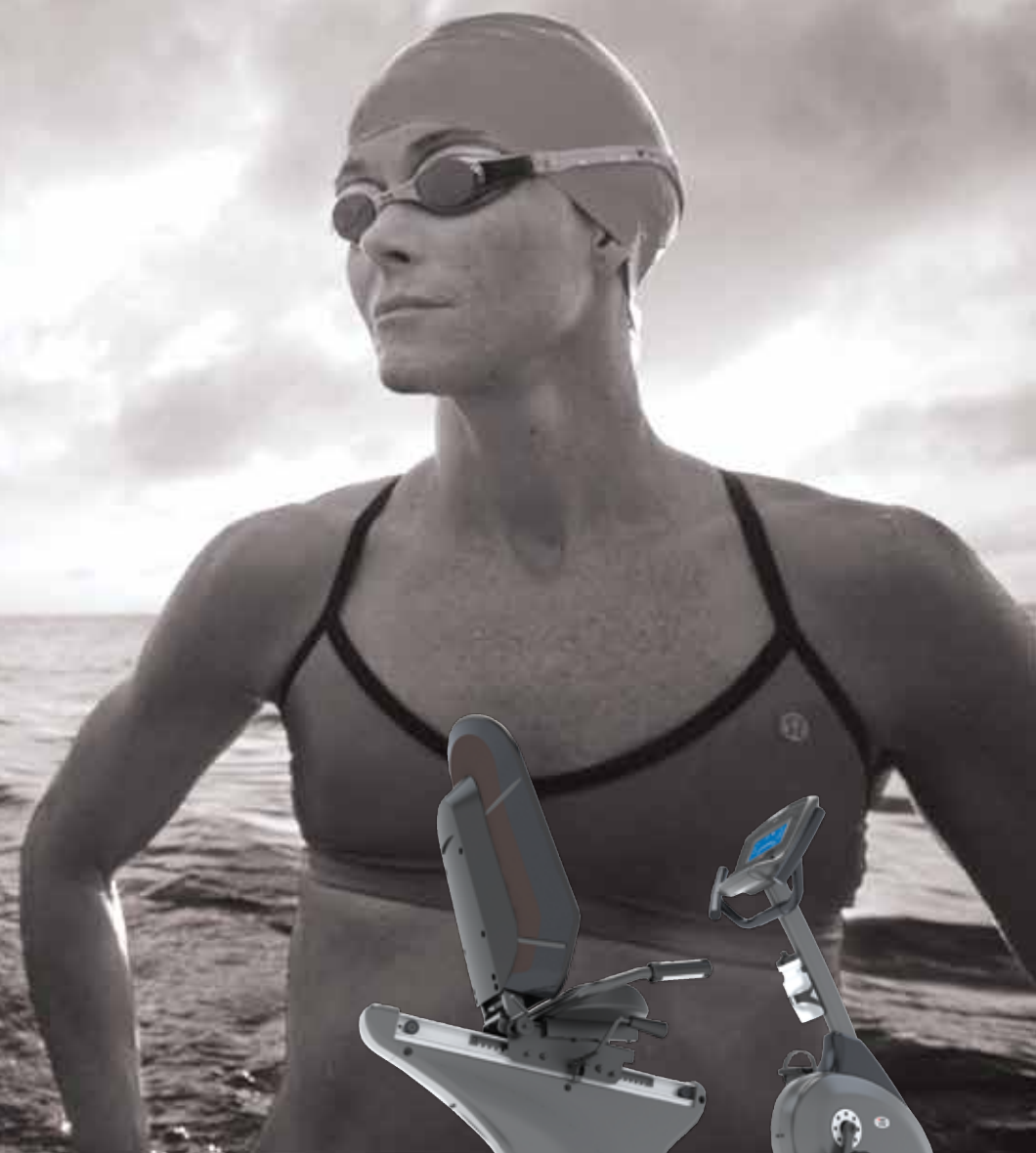
2010



go with confidence™

be confident in yourself,  
in your vision, and in the  
products that can get  
you there. Vision Fitness...

go with  
**confidence**™



Our company began as a division of Trek® Bicycle Company over 15 years ago, where we pioneered the development of the best fitness bikes in the industry. Today, as part of Johnson Health Tech NA, one of the largest fitness equipment companies in the world, we stay true to our heritage and offer the best quality, value, and customer service you will find.

## awards & media

Vision Fitness® products are recognized with more “best buy” awards than any other fitness brand. Below is a list of these award-winning products:

<b>T9200</b>	Platform Treadmill	February 2008
<b>T9200</b>	Platform Treadmill	February 2007
<b>R2250HRT</b>	Semi-Recumbent Fitness Bike	Health Magazine - Jan./Feb. 2007
<b>R2250HRT</b>	Semi-Recumbent Fitness Bike	Consumers Digest - February 2007
<b>E3200HRT</b>	Upright Fitness Bike	Consumers Digest - February 2007
<b>T9500</b>	Platform Treadmill	February 2006
<b>T9200</b>	Platform Treadmill	February 2006
<b>E3200HR</b>	Upright Fitness Bike	BBC Focus U.K. - January 2006
<b>E3100</b>	Upright Fitness Bike	Men's Fitness U.K. - March 2005
<b>X6100</b>	Folding Elliptical Trainer	Health Magazine - Jan./Feb. 2005
<b>T9200</b>	Platform Treadmill	January 2005
<b>X6200HRT</b>	Folding Elliptical Trainer	Which? Magazine U.K. - August 2004
<b>E3000</b>	Upright Fitness Bike	Consumers Digest - February 2004
<b>T9200</b>	Platform Treadmill	January 2004
<b>T9200</b>	Platform Treadmill	May 2003
<b>R2000</b>	Semi-Recumbent Fitness Bike	Consumers Guide
<b>X6200</b>	Folding Elliptical Trainer	Consumers Digest - Jan./Feb. 2001
<b>R2200</b>	Semi-Recumbent Fitness Bike	Consumers Digest - Jan./Feb. 2001
<b>X6200</b>	Folding Elliptical Trainer	Consumers Digest - Sept./Oct. 1998
<b>R2200</b>	Semi-Recumbent Fitness Bike	Consumers Digest - Sept./Oct. 1998
<b>E4100</b>	Dual-Action Upright Fitness Bike	Consumers Digest - Sept./Oct. 1998
<b>E3200</b>	Upright Fitness Bike	Consumers Digest - Sept./Oct. 1998
<b>E4100</b>	Dual-Action Upright Fitness Bike	Consumers Digest - Nov./Dec. 1997
<b>R2200</b>	Semi-Recumbent Fitness Bike	Consumers Digest - Nov./Dec. 1996
<b>R2200</b>	Semi-Recumbent Fitness Bike	Consumers Digest - Sept./Oct. 1995



### Prevention, January 2008

**R2050**

“There’s no hunching over with this recumbent design. The large seat is easy to get into and out of and provides lumbar support so you can work out longer without aggravating back pain.”



### Health, January/February 2007

**R2250**

“The step-through frame is just one of the comfort features on this body-friendly ride. Add the reclining seat, adjustable lumbar control, and 28 seat positions, and you might find yourself riding longer than you’d planned.”



### BBC Focus U.K., January 2006

**E3200**

“As soon as you mount the E3200, you can see where the extra money has gone. The bike feels...polished, with no sign of any rattles or creaks. There is also a far wider variety of training options, with specific manual training, interval training, weight loss, sprinting and hill climbing... the E3200 is a winner. There’s also an impressive amount of onscreen information.”



Vision Fitness offers only high-quality fitness products at an exceptional value that best help you achieve your fitness goals. Try an award-winning Vision Fitness bike at your local specialty fitness retailer.

Find your local retailer at [www.visionfitness.com](http://www.visionfitness.com).

## smooth

Vision Fitness® bikes provide years of maintenance-free performance without jarring or jerking, keeping your focus where it needs to be—on your goals. We pioneered the friction-free magnetic resistance system with no wearing parts for maximum performance and durability. Combine this system with our optimally-weighted flywheel, and you get the smoothest resistance system available. When the resistance level is changed on the console (even in the middle of a workout), the transitions are smooth, gradual, and fluid.

We build our bikes from the ground up and specify premium parts, such as sealed roller bearings, to ensure top quality. Vision Fitness will not cut corners, which is why we are the leader in the fitness bike industry.



Friction-free magnetic resistance and large Poly-V belts make our bikes exceptionally smooth and quiet

## quiet

Many people read a magazine or watch TV while working out on a piece of home fitness equipment. They may work out in the early morning or late evening and do not want to disturb others. Knowing this, Vision Fitness developed our Quiet-Glide™ drive technology to ensure an extra-quiet workout.

The large eight-ribbed Poly-V belts on our 200 Series bikes give our products a competitive advantage. The larger surface area puts less tension on the belt, producing less noise and resulting in a longer lifespan of not only the belt but the entire drive system.



## comfortable

At Vision Fitness, we add features specifically to help you achieve your goals. A bike's seat is your primary contact point and, because of this, we have always set comfort of the seat as a top priority. Our Comfort Arc™ seats, with body-contoured foam and free range of motion, will have you smiling for miles. They are designed to fit the majority of the population and are considered the most comfortable in the fitness industry. Our upright seats have a cutout in the nose to reduce pressure on soft tissue areas.



Comfort Arc™ Mesh reclining seat  
(found on the R2250)

Our semi-recumbent seats offer lumbar support, and the seat bottoms include two sets of mounting holes so the seat can be adjusted to the perfect position for you.

## get exactly what you want

Vision Fitness configured our upright and semi-recumbent bike frames so that they can be matched with any of our three console options. Simply choose the console that meets your needs, and add it to the frame that offers what you want. The result is the perfect bike for you!

# R22250



## 1 choose your console

Key features found on all Vision fitness® home bike consoles:

- quick start button allows you to simply press and go
- resistance level, RPM, time, distance, heart rate, calories, and watts readouts
- integrated reading rack
- program profile display illustrates the resistance level and how much of the workout is complete
- easy-to-read LCD display
- preset programs

### SIMPLE



- LCD screen
- 7 programs
- easy operation
- 16 levels of resistance
- contact heart rate

### DELUXE



- blue backlit LCD screen
- 7 programs
- scrolling message bar
- 20 levels of resistance
- contact heart rate

### PREMIER



- blue backlit LCD screen w/upper display
- 18 programs
- program quick keys
- scrolling message bar
- 20 levels of resistance
- telemetric & contact heart rate

## 2 select your frame

Key features found on all Vision Fitness® home bike frames:

- front transport wheels allow easy movement
- premium sealed roller bearings keep bikes operating smoothly and quietly
- handlebars come with contact heart rate sensors
- Comfort Arc™ seats are considered the most comfortable seats in the industry
- three-piece cranks provide increased durability and a smooth feel

### R1500

semi-recumbent



- ECB magnetic resistance
- supersilent poly-v belt
- 21-lb. balanced flywheel
- Comfort Arc™ seat w/lumbar support
- 2-year parts/electronics warranty

### R2050

semi-recumbent



- ECB magnetic resistance & step-thru frame
- supersilent poly-v belt
- 21-lb. balanced flywheel
- Comfort Arc™ seat w/lumbar support
- 3-year parts/electronics warranty

### R2250

semi-recumbent



- ECB-Plus™ magnetic resistance & step-thru frame
- Quiet-Glide™ supersilent poly-v belt
- 24-lb. balanced flywheel
- Comfort Arc™ Mesh seat w/recline
- home & corporate warranties

## E1500

upright



- ECB magnetic resistance
- supersilent poly-v belt
- 21-lb. balanced flywheel
- Comfort Arc™ upright seat
- 2-year parts/electronics warranty

## E3200

upright



- ECB-Plus™ magnetic resistance
- Quiet-Glide™ supersilent poly-v belt
- 24-lb. balanced flywheel
- Comfort Arc™ upright seat & armrests
- home & corporate warranties

3 the perfect bike  
for you





feature	premier	deluxe	simple
<b>console and programs</b>	BLUE BACKLIT LCD W/UPPER DISPLAY SPRINT 8®, manual, intervals, fat burn, mountain, random, watts, 5 custom user programs, 3 HRT® programs, 3 goal programs, integrated reading rack	BLUE BACKLIT LCD SPRINT 8®, manual, intervals, fat burn, mountain, random, watts, integrated reading rack	LCD manual, muscle toner, intervals, fat burn, incline, rolling hills, mountain, integrated reading rack
<b>console feedback</b>	watts, speed, distance, time, resistance, heart rate, calories, mets, RPM, % heart rate	watts, speed, distance, time, resistance, heart rate, calories, mets, RPM, % heart rate	watts, distance, time, heart rate, calories, RPM, program, level
<b>heart rate</b>	contact & telemetric	contact	contact
<b>program levels</b>	20	20	16

## big results in little time

Fit in a workout anytime with our SPRINT 8® program, medically proven to give you the best 20-minute workout possible. This unique program, found exclusively on Vision Fitness® products, was developed with Phil Campbell, MS, MA, and author of *Ready, Set, Go! Synergy Fitness*. Mr. Campbell is an expert in the field of anaerobic exercise, which has been cited by numerous medical publications as the cure for the “middle-age spread” or the energy decline, weight-gain, loss of muscle, and wrinkled skin we experience after age 30.



feature	R2250 semi-recumbent	R2050 semi-recumbent	R1500 semi-recumbent
<b>resistance system</b>	ECB-PLUS™ motor-operated permanent magnet	motor-operated ECB	motor-operated ECB
<b>drive train</b>	QUIET-GLIDE™ supersilent poly-v belt	supersilent poly-v belt	supersilent poly-v belt
<b>flywheel</b>	24 lbs. balanced	21 lbs. balanced	21 lbs. balanced
<b>seat</b>	COMFORT ARC™ Mesh w/ recline	COMFORT ARC™ w/ lumbar support	COMFORT ARC™ w/ lumbar support
<b>seat rail/post</b>	aluminum, 28 positions	sandblasted steel	sandblasted steel
<b>handlebars</b>	extended console & seat w/ contact heart rate	console & seat w/ contact heart rate	console & seat w/ contact heart rate
<b>pedals</b>	self-balancing w/ easy-adjust straps	self-balancing w/ easy-adjust straps	self-balancing w/ easy-adjust straps
<b>power</b>	plug-in	plug-in	plug-in
<b>home warranty*</b>	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 2 years electronics/parts 1 year labor
<b>limited corporate warranty*</b>	up to 3 hours of use/day 1 year frame 1 year magnetic brake 1 year electronics/parts 1 year labor	none	none
<b>dimensions</b>	67"l x 26"w x 53"h	62"l x 26"w x 50"h	57"l x 27"w x 47"h
<b>product weight</b>	150 lbs.	150 lbs.	102 lbs.
<b>max. user weight</b>	300 lbs.	300 lbs.	300 lbs.
<b>upgrades from previous model</b>	UPGRADES FROM R2050 reclining mesh seat, extended console handlebar, ECB-PLUS™ resistance system, QUIET-GLIDE™ drive, heavier flywheel, corporate warranty	UPGRADES FROM R1500 step-thru access, heavier gauge steel frame, longer seat rail, warranty	UPGRADES FROM SPORTING GOODS PRODUCTS bottom support tube on frame, COMFORT ARC™ seat, heavy gauge frame, supersilent poly-v belt, three-piece crank, warranty

Learn more about the body-fat-cutting, muscle-toning, anti-aging benefits of SPRINT 8 at [www.visionfitness.com](http://www.visionfitness.com).



E3200 upright	E1500 upright
ECB-PLUS™ motor-operated permanent magnet	motor-operated ECB
QUIET-GLIDE™ supersilent poly-v belt	supersilent poly-v belt
24 lbs. balanced	21 lbs. balanced
COMFORT ARC™ upright	COMFORT ARC™ upright
steel	steel
multi-position w/ armrests & contact heart rate	multi-position w/ contact heart rate
self-balancing w/ easy-adjust straps	self-balancing w/ easy-adjust straps
plug-in	plug-in
lifetime frame lifetime magnetic brake 3 years electronics/parts 1 year labor	lifetime frame lifetime magnetic brake 2 years electronics/parts 1 year labor
up to 3 hours of use/day 1 year frame 1 year magnetic brake 1 year electronics/parts 1 year labor	none
41"l x 26"w x 56"h	40"l x 26"w x 50"h
104 lbs.	82 lbs.
300 lbs.	300 lbs.
UPGRADES FROM E1500 QUIET-GLIDE™ drive, heavier frame, ECB-PLUS™ resistance system, heavier flywheel, warranty	UPGRADES FROM SPORTING GOODS PRODUCTS COMFORT ARC™ seat, heavy gauge frame, supersilent poly-v belt, three-piece crank, warranty



feature	E4000 dual-action
<b>console and programs</b>	LCD DISPLAY W/LARGE FEEDBACK WINDOW no programs
<b>console feedback</b>	RPM, calories, distance, time
<b>heart rate</b>	none
<b>program level</b>	Indexed
<b>resistance system</b>	ECB cable-operated, permanent magnet
<b>drive train</b>	chain & poly-v belt
<b>flywheel</b>	16.5 lbs. balanced
<b>seat</b>	COMFORT ARC™ upright
<b>seat post</b>	steel
<b>handlebars</b>	multi-position
<b>pedals</b>	double-sided strapless
<b>power</b>	2 AA battery
<b>home warranty*</b>	lifetime frame lifetime magnetic brake 2 years electronics/parts 1 year labor
<b>limited corporate warranty*</b>	up to 3 hours of use/day 1 year frame 1 year magnetic brake 1 year electronics/parts 1 year labor
<b>dimensions</b>	43"l x 25"w x 53"h
<b>product weight</b>	97 lbs.
<b>max. user weight</b>	300 lbs.
<b>upgrades from previous model</b>	UPGRADES FROM POPULAR AIR BIKE adjustable magnetic resistance, COMFORT ARC™ seat, quieter workout, heavy gauge frame



feature	ES700 indoor cycle
<b>frame</b>	anti-rust-coated high-tensile steel
<b>seat post &amp; handlebar stem</b>	stainless steel w/ precision diecasting & extensible slider w/ scale
<b>drive train</b>	maintenance-free belt drive
<b>bottom bracket</b>	cro-moly heat treated axle w/ quality SKF sealed roller bearings
<b>resistance system</b>	friction brake w/ microadjust knob & emergency stop
<b>flywheel</b>	high inertial, 46 lbs.
<b>cranks</b>	high carbon steel w/ heat treatment
<b>pedals</b>	standard alloy pedals
<b>handlebars</b>	multi-position w/ microadjust
<b>seat</b>	comfortable Velo® saddle
<b>dimensions</b>	43"l x 23.5"w x 51"h
<b>product weight</b>	127 lbs.
<b>maximum user weight</b>	300 lbs.
<b>standard features</b>	water bottle cage
<b>warranty*</b>	15 years frame, 3 years parts, 1 year labor, 90 days wear items

\* Refer to [www.visionfitness.com](http://www.visionfitness.com) for complete Warranty details.  
All product specifications are subject to change.

go with  
**confidence**<sup>™</sup>

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[www.visionfitness.com](http://www.visionfitness.com)

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