Coastal Fitness

Since 1999

Keeping South Florida Healthy
& Fit for over 25 Years!

LifeFitness



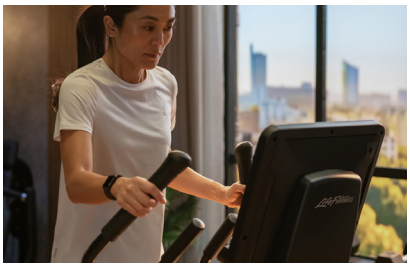
ESSENTIAL SMOOTH MOVEMENT, NATURALLY.

Experience the smooth, natural motion that Life Fitness is known for. Designed around our biomechanics expertise, the Atmos Elliptical delivers comfortable, low-impact workouts that are easy on your joints and enjoyable every day.



NATURAL, LOW-IMPACT MOTION

Designed with Life Fitness biomechanics expertise, it delivers a smooth, natural stride that feels comfortable from the very first step. Enjoy a full-body workout with less impact on your joints.



SMOOTH, QUIET PERFORMANCE

Engineered for smooth, fluid movement, the elliptical operates quietly to help you stay focused on your workout. Every stride feels stable, comfortable, and controlled.



INTUITIVE TOTAL-BODY DESIGN

Switch between upper- and lower-body-focused training with moving and stationary handlebars. Whether you're just getting started or building a routine, it adapts to the way you like to move.

561-712-0381 | COASTALFITNESS@AOL.COM | COASTALFITNESS.COM

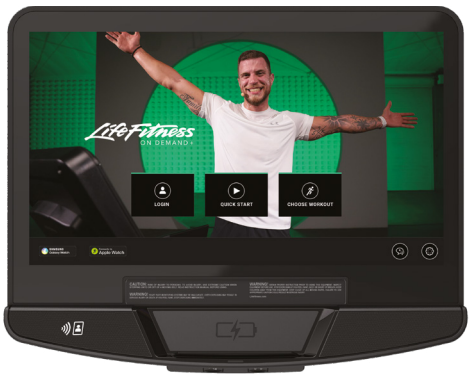
ATMOS ELLIPTICAL



SMART CONSOLES. PERSONALIZED WORKOUTS.

Choose the workout experience that fits your training style. The SE4 touchscreen console delivers immersive entertainment and interactive workout experiences through a vibrant 16" HD display, while the SL LED console offers a simple, intuitive get-on-and-go experience.

Both consoles feature Wi-Fi, Bluetooth® connectivity, and compatibility with popular wearables to keep you connected and focused on your goals.



SE4 16" CONSOLE



SL CONSOLE

PRODUCT SPECIFICATIONS

BASE FEATURES	
Ergonomic fixed stride	19.5" (49.5 cm)
Oversized pedals	15"
Resistance levels	0-25
Set-up height	10" (25 cm)
Total body and stationary handles	•
Generator/Electromagnetic brake	Drive System
Water bottle holders	2
Integrated accessory tray	•
FRAME	
Rear and front wheels for easy mobility	•
Adjustment levers for product stability	•
Color	Smooth Charcoal
WARRANTY	
Cosmetic	6 Months
Console	3 Years
Labor	1 Year
Mechanical	5 Years
Electrical	5 Years
Motor	5 Years
Frame	Lifetime

Consumer product placed in a commercial setting voids the warranty.
Visit LifeFitness.com/warranties for warranty details.

TECHNICAL SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Active length	83.25" (211.4 cm)
Length	81.9" (208 cm)
Width	30.7" (77.9 cm)
Height	66.6" (169.16 cm)
Weight	262 lbs (119 kg)
POWER REQUIREMENTS	
Self-powered	SL console only
Auto Start: Brings power to console when user begins pedaling.	•
120V, 15A or 230V, 10A (varies by country) outlets are required in most regions.	Consult the assembly manual for details
PRODUCT MODEL/SKUS	
SL Console	MRHX-SL
SE4 16" Console	MRHX-SE4

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