Coastal Fitness
Since 1999

Keeping South Florida Healthy
& Fit for over 25 Years!

LifeFitness



ESSENTIAL PERFORMANCE THAT FITS YOUR PACE

Bring the trusted Life Fitness running experience home. Smooth, powerful, and built for everyday use, the Atmos Treadmill combines commercial-inspired reliability with a refined, compact design that fits naturally into your home gym.



COMMERCIAL - INSPIRED DRIVE SYSTEM

A powerful motor delivers smooth, consistent performance. Built on trusted Life Fitness engineering, it provides the reliability and confidence to train consistently at home.



FLEXDECK® SHOCK ABSORPTION

The signature FlexDeck® cushioning system helps reduce impact on joints while delivering the comfortable running feel Life Fitness is known for. Every step feels smooth, supported, and enjoyable.



CONNECTED CONSOLE EXPERIENCE

Choose between an intuitive LED console or an immersive 16” touchscreen experience. Both are easy to navigate and help you track progress, stay motivated, and personalize your workout.

561-712-0381 | COASTALFITNESS@AOL.COM | COASTALFITNESS.COM

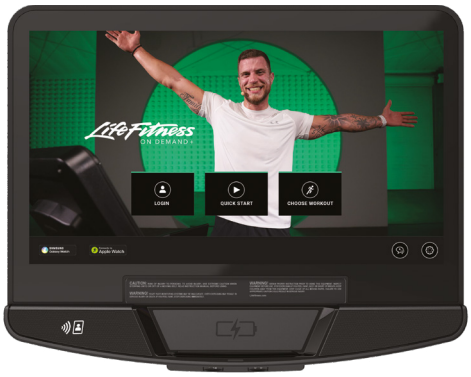
ATMOS TREADMILL



SMART CONSOLES. PERSONALIZED WORKOUTS.

Choose the workout experience that fits your training style. The SE4 touchscreen console delivers immersive entertainment and interactive workout experiences through a vibrant 16" HD display, while the SL LED console offers a simple, intuitive get-on-and-go experience.

Both consoles feature Wi-Fi, Bluetooth® connectivity, and compatibility with popular wearables to keep you connected and focused on your goals.



SE4 16" CONSOLE



SL CONSOLE

PRODUCT SPECIFICATIONS

BASE FEATURES	
FlexDeck® Shock Absorption System (8 lifespring shock absorbers)	•
Speed range	0-12 mph
Rollers 2.5" (6.35 cm) precision crowned steel rollers, front and back	•
Incline	0-15%
Motor System 4-HP AC Continuous Duty (8-HP Peak Duty) Motor	•
Side handrails	24" (61 cm)
Water bottle holders	2
Integrated accessory tray	•
Mechanical stop button	•
E-Stop lanyard	•
FRAME	
Front wheels for easy mobility	•
Adjustment levers for product stability	•
Color	Smooth Charcoal
WARRANTY	
Cosmetic	6 Months
Console	3 Years
Labor	1 Year
Mechanical	7 Years
Electrical	7 Years
Motor	10 Years
Frame	Lifetime
Lifespring	Lifetime
Walking Belt	7 Years

Consumer product placed in a commercial setting voids the warranty.
Visit LifeFitness.com/warranties for warranty details.

TECHNICAL SPECIFICATIONS	
Running surface	22 x 60" (56 x 152 cm)
Step-up height	7.5" (19 cm)
Max user weight	400 lbs (181 kg)
Length	82" (208.3 cm)
Width	32" (81 cm)
Height	60.8" (155 cm) with SL 61.4" (156 cm) with SE4
Weight	370 lbs (168 kg)
POWER REQUIREMENTS	
All treadmills require a dedicated electrical circuit with line, neutral, and ground, and a single dedicated circuit breaker per unit.	•
120V, 15A or 230V, 10A (varies by country) outlets are required in most regions.	Consult the assembly manual for details
PRODUCT MODEL/SKUS	
SL Console	MRHT-SL
SE4 16" Console	MRHT-SE4

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