



Keeping South Florida Healthy  
& Fit for over 20 Years!

# BODYCRAFT F705 FID BENCH

Built like a tank. and designed for ultimate versatility, our F705 FID Bench cannot be beat. Utilizing our Easy Adjust ladder catch system the user can choose from seven different positions. ranging from a -20' decline to a 70' upright position. Switching Exercises? No problem! The integrated lift handle and transport wheels allow for simple and easy maneuvering when relocating the bench. Additional attention to comfort, style, and accessory use gives this bench package a huge advantage over all others.



## WARRANTY

- RESIDENTIAL: Lifetime- Frame | Lifetime- Parts
- LIGHT COMMERCIAL  
10 yr- Frame | 2 yr- Parts | 6 mos- Wear Items

- Built For Commercial Use
- Stylish, Durable, and Comfortable Pads Fully Wrapped in Industrial Grade Vinyl
- High Strength Feet Keep the Bench in Position
- Integrated Lift Handle and Transport Wheels for Easy Maneuvering
- 7 Positions: Flat, 1 Decline, and 5 Incline : (-20', 0', 15', 30', 45', 60', 70')
- Ladder Catch Design for Quick, Easy Adjustment
- Extremely Solid and Stable Construction
- Space Saving Compact Design
- 19.5" Inches Tall in Flat Position
- 2" x 3", Heavy-Gauge Steel Tubing
- 50" L x 21" W x 19.5" H
- Weight Capacity 1,500 lbs. (Tested at 3,000lbs)

## OPTIONAL ATTACHMENTS



Leg Hold Down



Leg Ext-Curl



Preacher Curl



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