



Keeping South Florida Healthy
& Fit for over 25 Years!

Body-Solid



GAB60 **Body-Solid Pro-Style Ab Board**



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Centered on a telescoping 2"x 2" steel beam, our Pro-Style Ab Board adjusts to 12 positions for increased or decreased difficulty when doing sit-ups or crunches. Featuring an extra wide, extra thick double-stitched DuraFirm™ pad and oversize 8" foam rollers. Ideal for home and commercial use. Nylon transport wheels for easy mobility and storage.

Weight: 39 lbs

Dimensions: 24"W x 54"L x 52"H

Special Features

- 12 adjustment levels from 0 to 45 degrees.
- 40" x 12" DuraFirm™ back pad.
- Exceptional upper back and head support
- Unique design provides easy entry and exit.
- Nylon transport wheels for easy mobility
- Oversize 8" Foam Rollers for comfort & stability.



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