

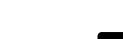
Keeping South Florida Healthy & Fit for over 25 Years!

Body-Solid

## **GS348QP4**

Series 7 Smith Gym System







Optional Attachments: GAP348 Aluminum Pulley Upgrade Kit

Includes:

GS348Q Series 7 Linear Bearing Smith Machine GLA348QS

Selectorized Lat Attachment **GPA3** 

Pec Dec Station for GLA348QS

**GFID71** 2"x3" Flat/Incline/Decline Bench

GLDA3 Leg Developer Station: 6 Roller GPCA1

Preacher Curl Bench



## GS348QP4

## Series 7 Smith Gym System

This is the best Smith Machine setup you'll find. Consider these advantages over all other packages:

- · 7-degree linear ball bearing smith carriage system
- · Built-in Olympic weight holders
- $\cdot\,$  210 pound selectorized weight stack
- · Multi-position front gun rack for free weight training
- · Includes Adjustable bench
- Additional exercises to take full advantage of your weight stack: pecs, curls, legs, low row

## **Special Features**

- · Lifetime warranty
- $\cdot$  Commercial grade construction combined with state-of-the-art biomechanical design
- Pec Attachment: Extra-thick arm roller pads and DuraFirm<sup>™</sup> back pad make performing pectoral flies comfortable even with the heaviest weight
- Commercial Flat/Incline/Decline Bench can handle over 1,000 lbs.
- Preacher Curl Attachment is set to the optimum angle to isolate the biceps and forearms for accelerated development

Assembled Dimensions 84"Hx78"Lx70"W

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