



Keeping South Florida Healthy  
& Fit for over 25 Years!

*Body-Solid*

## **GS348QP4**

### **Series 7 Smith Gym System**



#### *Optional Attachments:*

##### **GAP348**

*Aluminum Pulley Upgrade Kit*

#### *Includes:*

##### **GS348Q**

*Series 7 Linear Bearing Smith Machine*

##### **GLA348QS**

*Selectorized Lat Attachment*

##### **GPA3**

*Pec Dec Station for GLA348QS*

##### **GFID71**

*2"x3" Flat/Incline/Decline Bench*

##### **GLDA3**

*Leg Developer Station: 6 Roller*

##### **GPCA1**

*Preacher Curl Bench*



#### **GS348QP4**

#### **Series 7 Smith Gym System**

This is the best Smith Machine setup you'll find. Consider these advantages over all other packages:

- 7-degree linear ball bearing smith carriage system
- Built-in Olympic weight holders
- 210 pound selectorized weight stack
- Multi-position front gun rack for free weight training
- Includes Adjustable bench
- Additional exercises to take full advantage of your weight stack: pecs, curls, legs, low row

### **Special Features**

- Lifetime warranty
- Commercial grade construction combined with state-of-the-art biomechanical design
- Pec Attachment: Extra-thick arm roller pads and DuraFirm™ back pad make performing pectoral flies comfortable even with the heaviest weight
- Commercial Flat/Incline/Decline Bench can handle over 1,000 lbs.
- Preacher Curl Attachment is set to the optimum angle to isolate the biceps and forearms for accelerated development

*Assembled Dimensions 84"Hx78"Lx70"W*



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM