



Keeping South Florida Healthy
& Fit for over 25 Years!

LifeFitness

INTEGRITY+ RECUMBENT



BIKE WITH CLASS

Ergonomic grips, pedals and handles combined with the immersive experiences provided by the vivid Discover SE4 console make the Lifecycle® an enjoyable ride.



CONSOLE INNOVATION

The vivid Discover SE4 Console has a large 24" screen (16" also available) that offers an incredibly immersive workout experience and access to hundreds of workouts through Life Fitness™ On Demand+.



A COMFORTABLE RIDE

Seat includes a back rest, lumbar support, and a wraparound adjustment lever for easy positioning. Resistance controls on side handles make in-workout adjustments easy.



GET-ON-AND-GO ACCESSIBILITY

Step-through design and front assisthandle allow for easy entry and exit. Wide, self-leveling pedals with simple buckle straps allow exercisers to get started quickly.



561-712-0381



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INTEGRITY+ RECUMBENT EXERCISE BIKE

CONSOLE OPTIONS

Choose from the immersive experiences provided by the Discover SE4 Console (available in 24" and 16" sizes) or the get-on-and-go functionality of the SL Console.



DISCOVER SE4 CONSOLE



SL CONSOLE

SPECIFICATIONS

BASE FEATURES	
Step-through design	•
Front assist handle for easy entry and exit	•
Remote resistance controls	•
Easy adjust pedal straps	•
Self-leveling Wide Ride™ pedals	•
Comfort Curve™ seat with lumbar support	•
Wrap-around seat adjustment lever	•
Fine-tuned seat adjustment positions	38
Resistance levels	0-25
Maximum resistance (Watts)	900+
Removable locking cup holders	2
Integrated accessory tray	•
FRAME	
Generator Drive System	•
Front wheels for easy mobility	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
FRAME	
Robust paint (corrosion, stain, and chemical resistant coating)	•
Arctic Silver, Titanium Storm, Diamond White, Smooth Charcoal, and Black Onyx Frames	•

TECHNICAL SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Length	67" (179 cm)
Width	51.5" (131 cm)
Height	54.5" (138 cm)
Unit weight	215 lbs (97.5 kg)
POWER REQUIREMENTS	
Self-powered (SL Console only)	•
Auto Start: Brings power to console when user begins pedaling	•
120V, 20A or 230V, 10A (varies by country) outlet	Required for Attachable TV and Discover Consoles
Japan: 100V, 20A or 200V, 10A outlet	Required for Attachable TV and Discover Consoles
WARRANTY*	
Parts and Labor	3 Years

* Visit LifeFitness.com/warranties for full warranty details.



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