



Keeping South Florida Healthy &
Fit for over 25 Years!



PARADIGM™

Life is not a spectator sport

CAGES | RACKS DSHR-2S+

*The ultimate "All-In-One"
Strength Training System*



- Features**
- ✓ Dual Adjustable Pulley Functional Trainer
 - ✓ 2 x 200 lb. Steel Weight Stacks
 - ✓ Smith Machine with Adjustable Spotters
 - ✓ Half Rack with Adjustable Spotters
 - ✓ Integrated Pull-Up, Dip & Landmine Stations
 - ✓ Integrated Bar, Plate & Accessory Storage

- Options**
- + Vertical Leg Press Attachment
 - + PRO F.I.D. Bench
 - + F.I.D. Bench



Specifications:

Dimensions: (L x W x H) :

66" x 82" x 91.5"

Weight Rating: Unit = 992 lb. Smith Machine = 772 lb.

Functional Trainer Weight Stack: 2 x 200 lb. with 2:1 Pulley

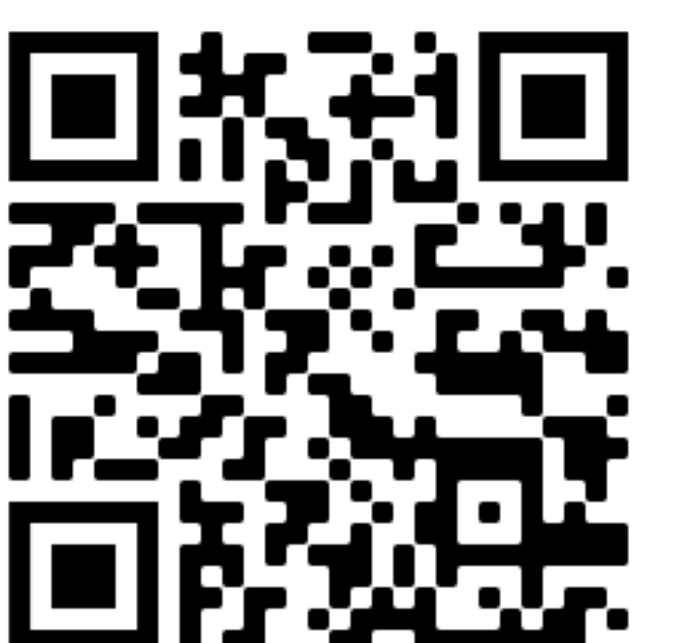
Ratio Cable Rating: 6.2mm nylon coated tested to 2000 lb.

Pads: High Resilience Polyurethane Foam

Product Weight: 1245 lb.

Lifetime Residential Warranty*

Light Commercial Warranty*



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