



Keeping South Florida Healthy
& Fit for over 20 Years!



ES700 ELLIPTICAL

TRUE's ES700 Elliptical is engineered with commercial-grade materials and boasts a sleek, dynamic design made to inspire and engage. Tone your muscles and increase your endurance with a cross-trainer designed to give users the most natural movement available on an elliptical. TRUE's ES700 is equipped with all of the user-friendly interactive and patented TRUE features you need for your home fitness routine. Choose the 9" T9 touchscreen console to experience the latest in Bluetooth technology and share your workout using the GymTrakr App. The touchscreen also has six individual profiles with the ability to save six different workouts each. That is a total of 36 unique workouts giving you the ability to set up the ES700 Elliptical based on your desired goals.

FEATURES

- TRUE's HRC Cruise Control to maintain your target heart rate throughout a workout
- AutoStride™ technology that gives you the most natural and effective movement possible
- TRUE's Cardio 360® personal trainer program provides full body workouts to virtually motivate you towards your fitness and lifestyle goals
- 16" -27" Adjustable Stride (.5" increments)

SPECIFICATIONS

DIMENSIONS (L X W X H)

49" x 32.5" x 64.2"

Q-FACTOR

2"

STEP-UP HEIGHT

7"

PRODUCT WEIGHT

281 lbs

CARDIO 360

a guided workout to engage the upper, core & lower body with varying resistance.



T9 TOUCH SCREEN

(GymTrakr)



561-712-0381



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ES700 ELLIPTICAL

| | | |
|--------------------------|--------------------------------|--|
| TECHNICAL SPECIFICATIONS | Power Source | 110V/15A |
| | Cord Length | 8' / 24 M |
| | Drive System | Core Drive™ |
| | Total Body Workout | Cardio 360® |
| | Resistance Source | Eddy Current Brake |
| | Maximum Workload | 300 Watts |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel |
| | Stride Length | 16" to 27" .5" increments |
| | Auto Stride™ | Yes |
| | Footpad | Orthopedic Soft Step Cushioned Anti-Fatigue Material (Removable For Easy Cleaning) |
| | Exercise Arms | Ergonomic Multi-Grip Handle, Optional Rotating Handles Optional Ergonomically Designed Rotating Handles with Upper-Body Only Capability Height Adjustment |
| | Handrail Design | Extended Handrails with Molded Rubber, Moisture Resistant Grips |
| | Side Step Design | Non-Slip Rubber with Textured Pattern |
| | Contact Heart Rate Monitoring | Yes |
| | Wireless Heart Rate Monitoring | Polar® Compatible, (Bluetooth on T9) |
| AVAILABLE CONSOLES | Connectivity | App Connectivity via GEM Module prior to starting workout on T9 |
| | Display | T9, Emerge |
| | Workouts | Quick Start, Manual, Hill Intervals, Rolling Hills, Cardio Challenge, Walk and Run Intervals, Speed Intervals, 5K, 10K, Half Marathon (13.1 mi/21.1 K) |
| | Saved Workouts | Console Saves Last Ten Workouts |
| Cardio 360™ | Six (6) User Profiles | Up to six (6) Save Workouts Each – If Activated |
| | Upper Body Isolation | Yes |
| | Lower Body Isolation | Yes |
| SAFETY | Total Body | Yes |
| | Side Steps | Standard |
| | Extended Handrails | Standard |
| | TRUE Lock™ | Standard |
| REGULATORY APPROVALS | | ETL UL1647, CSA |
| EXTRAS | Accessories | Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder, Heart Rate Strap |
| PHYSICAL SPECIFICATIONS | Footprint | 49" L x 32.5" W x 64.2" H |
| | Active Footprint | 75" L x 32.5" W |
| | Q-Factor | 2" |
| | Machine Weight | 272 lbs. |
| | Maximum User Weight | 350 lbs. |
| | Step-Up Height | 7" |
| WARRANTY | Portability | 2 Front Transport Wheels & Removable Handles |
| | Warranty Type | Residential |
| | Frame | Lifetime |
| | Parts | 7 Years |
| | Console | T9 (7 Years), Emerge (7 Years) |
| | Labor | 1 Year |





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T9 TOUCHSCREEN

Up to Six Custom User Profiles • Tablet Holder

The TRUE T9 is the ultimate in touchscreen technology for the in-home treadmill market.

Download GymTrakr or RunFit app to track your heart rate, calorie burn, and workout data when paired with a TRUE Fitness T9 console. The Gym Trakr App also features mobile integration providing the ability to share workouts to other devices and apps, such as NIKE +, Strava, and MyFitnessPal.



RunFit App



GymTrakr App
Connectivity and Tracking

| CONSOLES | Display Type | T9 9" Capacitive Touchscreen |
|---------------------------------|---|------------------------------------|
| ENTERTAINMENT & CONNECTIVITY | Bluetooth Connectivity | ✓ |
| | Gym Trakr App Tracking | ✓ |
| | Wireless Heart Rate Monitoring | Polar® Compatible Bluetooth |
| | 3.5mm Headphone Jack | ✓ |
| | Reading Rack/Tablet Holder | ✓ |
| | Product Specific Workouts | ✓ |
| | Saved Workouts Console Saves Last Ten Workouts | ✓ |
| | Six (6) User Profiles Up to Six (6) Saved Workouts Each- If Activated | ✓ |
| Service | Software Update via USB | ✓ |
| | Self Diagnostics | ✓ |
| | Warranty | 7 Years |
| POWER CONSERVATION | Sleep Mode | ✓ |



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