



Keeping South Florida Healthy
& Fit for over 25 Years!

TRUE

FITNESS LINE

FS-56 BICEPS | TRICEPS

Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

FEATURES

- 5-position seat with low back support to accommodate users of all sizes
- Three starting positions for both curls and extensions allow users to choose the range of motion best suited to their individual needs
- Unique rotating handles require no adjustments and provide comfort and support throughout the entire range of motion

SPECIFICATIONS

DIMENSIONS L X W X H

47" x 51" x 57"

PRODUCT WEIGHT

Weight Stack Options	170lbs	250 lbs
Machine Weight	476 lbs	556 lbs



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