



Keeping South Florida Healthy
& Fit for over 25 Years!



PERFORMANCE SERIES UPRIGHT BIKE

Experience the ultimate in comfort and performance with TRUE's Performance Series Upright Bike. Ergonomic aero bars and armrests ensure maximum body control, power, and stability, allowing you to push your limits while keeping a compact footprint. Customize your ride with fore and aft seat adjustments for a truly personalized workout. With a sleek design and low step-over height, this bike is perfect for those seeking a realistic cycling experience.

FEATURES

- TRUE's HRC® Cruise Control gradually increases or decreases resistance to maintain your target heart rate.
- Quiet operation for a no-hassle home gym experience.
- Compatible with Zwift technology that allows users to virtually exercise around the world.

SPECIFICATIONS

DIMENSIONS (L X W X H)

44" x 24" x 58.5"

STEP-OVER HEIGHT

16.75"

DRIVE SYSTEM

Single Stage Drive System with Poly-V Belts

CONSOLE OPTIONS



Compatible with
Zwift technology



561-712-0381



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TECHNICAL SPECIFICATIONS	Power Source	110V/15A
	Cord Length	8' / 2.4 M
	Drive System	Single Stage Drive System with Poly-V Belts
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Eddy Current Brake
	Resistance Levels	25 (EMERGE), 30 (9" Touchscreen)
	Workload Range	40-600 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Full foam Stitched with Fore/Aft Seat Adjustments
SAFETY	Handlebar Design	Multi-Position with Moisture Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Connectivity	App Connectivity via GEM Module prior to starting workout on 9" Touchscreen
REGULATORY APPROVALS		ETL UL1647, CSA
EXTRAS	Accessories	Water Bottle Holder (2, removable), Accessory Tray, Over Molded Reading Rack/Tablet Holder, Heart Rate Strap
PHYSICAL SPECIFICATIONS	Footprint	44" L x 24" W x 58.5" H / 111.76 cm x 60.96 cm x 148.59 cm
	Machine Weight	122 lbs. / 56 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Over Height	16.75" / 42.54 cm
WARRANTY	Portability	2 Front Transport Wheels
	Warranty Type	Residential
	Frame	25 Years
	Parts	10 Years
	Console	9" (7 Years), EMERGE (10 Years)

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

CONSOLE OPTIONS

		9" TOUCHSCREEN	EMERGE
CONNECTIVITY	Bluetooth Connectivity	•	•
	App	•	•
	Chest Strap	•	
	Headphones	•	
	Resistance Levels	25	•
	Resistance Levels	30	•
	Gym Trakr App Tracking	•	•
	Wireless Heart Rate Monitoring	•	•
	3.5mm Headphone Jack	•	•
	Reading Rack/ Tablet Holder	•	•
SERVICE	Workouts	Manual, Rolling Hills, Single Hill, Random, Glute Buster, Calorie Goal, Pace Intervals, Leg Shaper, Cardio Challenge, Target HRC, Weight Loss HRC, Aerobic HRC, Intervals HRC, 5K, 10K, Fitness Test, Custom Ultra	•
		Manual, Sports Intervals, Easy Intervals, Rolling Hills, One Big Hill, Target HRC	•
	Saved Workouts	Console Saves Last Ten (10) Workouts	•
	Six (6) User Profiles	Up to six (6) Save Workouts Each - If activated	•
	Touchscreen	•	
	Software Update Via USB	•	•
	Self Diagnostics	•	•
	Console Warranty	7 Years	•
	Console Warranty	10 Years	•
	Sleep Mode	Standard	•
POWER CONSERVATION			
LANGUAGES	English	•	•



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