

Keeping South Florida Healthy & Fit for over 25 Years!



Meet the TRUE Performance 1000 Treadmill

The TRUE Performance 1000 Treadmill treadmill offers affordable quality without skimping on premium technology and engineering for your home fitness needs.

Your Fitness Experience

Constructed with commercialgrade materials and premium components, so each piece of equipment feels and functions like a commercial machine.

Your Body Will Thank You

TRUE's Soft System® offers a bio-mechanically correct running surface. Neoprene shock absorbers in the front of the deck cushion each foot strike, while the back of the deck provides a firmer sensation allowing for a stronger push off with every step.

Maximize Your Workouts TRUE

HRC allows you to enter your target heartrate for maximum results. Our one touch TRUE HRC Heart Rate Cruise Control™ allows you to use HR at anytime in your workout and will adjust speed and incline automatically once you hit your target HR.

TRUE Performance 1000 Treadmill

Affordable Quality. Dependable Performance











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TPS1000 T	ΓREADMILL	
TECHNICAL SPECIFICATIONS	Power Source	120V/15A
	Cord Length	10' / 3 M
	Impact System	True Soft System
	Belt	Standard
	Roller Diameter	3" / 7.62 cm
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Speed Range	0.5 to 12.0 MPH / 0.8 to 19.3 KPH
	Incline Range	0% to 15%
	Quick Access	Quick Touch Speed & Quick Touch Incline Keys
	Handrail Design	Protective Foam Flared Handrails
	Straddle Covers	Heavy-Duty Plastic
	Contact Heart Rate Monitoring	Standard
	Wireless Heart Rate Monitoring	Polar Compatible
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
REGULATORY APPROVALS		ETL UL1647, CSA, FCC
EXTRAS	Accessories	Water Bottle Holder (2), Device Ledge, Polar® HR Strap
PHYSICAL SPECIFICATIONS	Footprint	79" x 33.5" x 53" / 200 cm x 83 cm x 135 cm
	Running Surface	60" L x 21" W / 152.4 cm x 53.34 cm
	Machine Weight	297 lbs / 135 kg
	Maximum User Weight	350 lbs / 159 kg
	Step-Up Height	6.5" / 16.51cm
	Portability	Two (2) Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Motor	25 Years
	Parts	5 Years
	Labor	1 Year

CONSOLE OPTIONS		9" Touchscreen	8.5" LCD
CONNECTIVITY -	Bluetooth Connectivity: App	•	•
	Chest Strap	•	
	Headphones	•	
	Gym Trakr App Tracking	•	•
	Wireless Heart Rate Monitoring: Polar® Compatible	•	•
	3.5mm Headphone Jack	•	
	Reading Rack/Tablet Holder	•	•
	Workouts: Manual, Rolling Hills, Walk & Run Intervals, Hill Intervals, Half Marathon, Speed Ramp, Cardio Challenge, Target HRC, 5K Workout, 10K Workout, Saved Workouts - if activated	•	•
	Gerkin Fitness Test, Leg Shaper, Custom Ultra, Single Hill, Weight Loss Hills, Glute Buster, Calorie Goal, Speed Intervals, Weight Loss HRC, Aerobic HRC, Intervals HRC, Saved Workouts - if activated	•	
	Saved Workouts: Console Saves Last Ten Workouts	•	•
	User Profiles: Four (4) user profiles with up to five (5) saved workouts - if activated		•
	Six (6) user profiles with up to five (5) saved workouts - if activated	•	
	Touchscreen	•	
SERVICE -	Software Update via USB	•	•
	Self Diagnostics	•	•
	Console Warranty: 5 Years	•	•
POWER CONSERVATION	Sleep Mode	•	•
LANGUAGES	English	•	•
PRODUCT COMPATIBILIT Y	TPS1000, TPS3000, TPS8000	•	•









